



WHERE LEADERS ARE MADE

News Letter

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NOTE FROM THE PRESIDENT



Mr. Chenraj Roychand
Preseident - Jain University

In an era of communication, the

world is full of communication programs and replete with communication experts. What then is special about Toastmasters?

Toastmasters International is a program like none other. In a world fraught with the dangers of intolerance and autocracy, Toastmasters teaches its practitioners leadership skills and tolerance levels of tremendous proportions.

Its significance in an institution of the caliber of JU CMS, is immeasurable. We strive to build young entrepreneurs who will be articulate, empathetic and sentient. Toastmasters will, I'm sure, help in guiding our youngsters to be mentors, to stretch themselves to find

new strengths and most of all, develop and articulate perspectives that stretch minds and stimulate the heart. In short Toastmasters will contribute substantially in shaping your leaders of tomorrow.

Above all, with no examinations to worry them, Toastmasters will set them on the road to true leadership where each person competes with only himself or herself and learns the power of effective networking and understands how to lead with the heart while reasoning with the mind.

I wish Toastmasters at JU CMS the very best in all its endeavors through this year!

Area	Speech Contest	Table Topics Contest
Area E1	Amogh George Saket K Rao	Amogh George Saket K Rao
Area B5	Vaibhavi N Sharath S	Santosh Chandra Mahima Jaganath

FROM THE DIRECTOR'S DESK

Communication is the life line of today's world. People are migrating from newspaper and magazines to the web but yes there is no substitute for content development. Content development happens only if the base of communication is strong. Toastmaster is such an initiative by the students of CMS-JU.

The Toastmasters club adopts a "learn by doing" philosophy, which is a mantra that's also followed at JU - CMS. I hence truly appreciate the efforts of the Toastmasters club at our college, in building confidence and developing sensible perspectives, making communication for and among students, an effective and powerful tool of networking, apart from developing camaraderie among CMSites. I consider it a privilege to be associated with an organization as prestigious, and wish the TM unit the very best in the year ahead!



Prof. Dinesh Nilkant
Director JU - CMS

“ The only team that does not create friends but family. ”

- Jayesh R Jain

How to be an Intelligent Communicator

Someone once asked me “Why did you join Toastmasters?”, to which I answered “To be a good communicator.” But I soon clarified saying: “I mean, to communicate intelligently.” An intelligent communicator knows what to speak, how, when, where and why. Toastmasters are trained to be great leaders!

I consider two aspects of Toastmasters training unique and significant. One is its transformational nature. Anyone who is a part of the toastmaster clubs would definitely experience an immense growth – a radical transformation in attitude, perception and behavior. Second is the motivational environment for learning in toastmasters. The environment is every conducive and motivates every speaker to be a better version of themselves.

All of you have joined Toastmasters International to sharpen the communication skills. But what is good communication? Is it only fluency, voice modulation, correct grammar, accent and good eye contact? No, it is beyond

these attributes. It comprises of several other factors:

a) A vibrant posture and expression: Ralph Waldo Emerson said, ‘Nothing great was ever achieved without enthusiasm’. Powerful leaders do not need to speak in so many words. They can influence others with their dynamism, positive energy, and vibrant posture.

b) Quality in the content: Are we really taking care to ensure good quality in the speeches that we deliver? It is written that ‘Content is the king; Conversation is the Queen’. We need to ensure that the audience gains something new.

c) Effective use of non-verbal communication techniques: According to Albert Mehrabian, when an individual speaks, 7 per cent of the listener’s focus is on actual words, 38 per cent on the way the words are delivered, and 55 per cent on facial expressions. And hence, non verbals play a crucial role in our communication process.

d) Clarity and Simplicity: Peter Loscher, when he took over as the top

executive of Siemens told his team, ‘If you want to change a big, complex organization like Siemens, you have to make your agenda known to people and you have to communicate in simple terms’. Yes, communication should be devoid of unnecessary jargons.



Dr Sibichen K Mathew

e) Know your audience: A socially intelligent leader understands the expect-

tations of the audience. He understands the constitution and background of the audience and delivers accordingly.

At toastmasters, we get trained to be good motivators too. A friend said in a conversation: ‘My boss is well suited as a speaker for the funerals. The only time I could see him showering appreciation on any employee is when he leaves the job’. So much has been written on the positive influence played by appreciation and praises on the motivation and performance of the people. But still, even some of the trained managers from top business schools are very miserly when it comes to providing positive feedback to others. Some leaders think that if they praise someone for their good work, they would get too big for their boots and would not improve further. Some others think that the more faults they detect, the more improvement in the performance. But there is no greater push than when the speaker realises his potential and talent.

“ Toastmasters has been a guiding light in assisting students to be better orators and communicators. ”

- Saket K Rao

Words Of Wisdom

The reason I joined Toastmasters is to become a better speaker, explore my inner strengths and also meet new people. In the year 2011, I came to know about Toastmasters from the manager of the organization, which I was associated with; there I attended my first Toastmasters meeting as a guest. I was skeptical about joining then, but it’s almost been five enriching years now. Toastmasters has added tremendously to my life; it has enabled me to explore more about myself, understand different perspectives and evolve as a better human! Everybody loves to talk and express, but something holds us back. It is THE place to be, as it gives us a forum to become uninhibited talkers and get over that ‘something’.

According to me, success is more about the journey than the destination and we need to enjoy the journey as we walk-past with a goal-post review to see how far we have reached in our Journey towards our goal.

In my five years’ Toastmasters Journey, from being a club member of Division E up until now, I have seen great leaders with their impeccable leader-

ship skills and learnt a lot of lessons which indeed gave me confidence to grab any opportunity that comes my way and prove my best!

It was indeed a great enriching journey from being a club member to taking up various club officers roles, to being the



Dr. Priyadarshini Karbar
Director Division - E
District 92

Club President and the First LDP Graduate, from an Area Director last term to becoming the Division Director for the term 2016-17. I thank the District leadership team for having belief and faith in me yet again and giving me an opportunity to give my best! CMS has always been that one special club in District-92 that remarks each member’s commitment and enthusiasm, as they energetically aim at becoming better communicators.

If there’s one person that I would like to express my gratitude to, it is Ms. Chaithra Shetty. She is the driving force behind all the CMSites and is among the sweetest persons I’ve ever come across. She is a wonderful mentor and has been helping students transform and become better speakers.

Toastmasters is significant in bringing out the ‘life’ in you because it isn’t always possible for you to completely cherish your experiences unless you talk about them. It provides us with a divine opportunity to relive our lives over and over again.

All the very best to the entire team of CMS!

“ Speech is the mirror of the mind. Toastmasters was that mirror for me. Every speech reflected my thoughts and me. This platform showed me the power of words. ”

- Mahima Jaganath

AM I GOOD ENOUGH?



Laxmi Nayak

I look into the mirror with my head tilted side ways, I ask myself with a sigh. ‘Am I good enough?’ This is one question, which most of us ask ourselves at one point or another, but I do it everyday. Many a times I have encountered situations that challenge me on thinking if I am capable “ENOUGH”.

Now, the real question is what is this ‘enough’? An ‘enough’ is how much WE are satisfied by pleasing OTHERS.

While growing up I had the worst self-esteem anyone could have and initially it took immense strength to put it out

using mere words. There were times I couldn’t help but succumb to people’s opinions. It was so easy for me to believe what others thought about me, especially the negative ones. Other’s opinions became my judgments and I began to see myself the way they did. “You should start eating, you are so thin”, they said. “I eat less, I don’t look good enough” my mind screamed. “You are not living up to your potential, are you depressed?” they asked.

“Oh my god! Am I getting into depression?! Is something wrong with me? Am I good enough?” These were the questions I asked myself as I tossed and turned on numerous sleepless nights.

I lost what it felt like to love myself and began feeling the extremes, to the extent of being called “bipolar”. When people joked around with me, even with the silliest of things, I began finding the “secret meaning” behind them, even if there weren’t any! I BELIEVED that nobody liked me anymore.

When people said good things about me I never believed them, because I always thought “Am I good enough?”

No matter what I did, how well I had performed, I wouldn’t pat myself at the back. SOMETHING WAS MISSING.

Feeling insecure became a regular thing. I compared myself with every other human possible and felt comfortable feeling negative about my flaws. Don’t we always compare ourselves with one another? Negative emotions were familiar. Feeling positive about anything seemed like a lot of hard work. There was no magic pill I could take and feel good about myself. It was a real world I dealt with.

My emotions took a toll on my logic and I became a slave of my mind.

A lot of my time was spent pleasing others ensuring I lived up to their expectations. I even joined a gym to put on weight. I slept less thinking about where my potentials were. I stuck labels in my mind that felt more permanent than my life. Nothing made me feel good about myself, not even having people loving me back helped.

SO WHAT DO I DO? STOP LOOKING INTO THE MIRROR?

STOP MEETING PEOPLE? I was sure, I was losing it.

I lost my mind, I lost my weight, I lost FAITH in good things that could ever happen to me.

That is when I decided; I have had “enough”.

The nasty comments that you receive about yourself are the “leftovers” of how people think about you.

I do not like feeding myself on left-

overs so I throw away the nasty comments.

If you had to list few things that you LOVE the most. How long would it take to name yourself?

The whole concept of “self-love” is under-rated. How do we start loving ourselves? Stop feeling insecure? Stop comparing? How do we start being good enough?

As we compare our struggles with someone else’s achievement, we are bound to feel terrible.

Others have what you don’t. Maybe they worked all night long while you were busy pondering where your potentials were gone. What we should compare are the struggles, learn how they have what you don’t. And keep trying because, Consistency is the key.

I kept trying, I still do.

I laughed with others when the jokes were on me. And you know what? I didn’t put on much weight but I am healthy. Instead of being socially awkward, I am here to talk about it. To discard all the labels I stuck on myself mercilessly. I rose out of the starkest of circumstances, drenched in tears and I did get through it. With grace and faith. Am I good enough for you? I don’t know. But I am enough, for myself.

“Through toastmasters we have all grown not just as speakers, but as friends, mentors, leaders and most importantly as people.”
- Keerthi J Reddy

THE JOURNEY OF A MENTOR

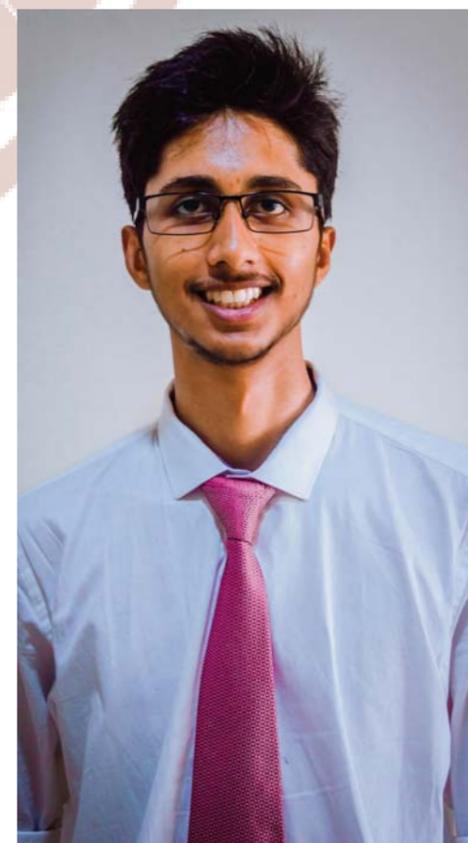
A cold, chilly Thursday morning marked my very first Toastmasters meet. Excitement encompassed A - Section, as we sat eagerly waiting for our class teacher to finish taking attendance. With the slight nod of our teacher’s head, three neatly dressed seniors promptly entered class. Though, they wore blazers and their neatly combed hair had us on our toes, their warm radiating smiles left us at ease. Our calm and composed mentors and their constant motivation had me at awe. Despite being a shy and timid backbencher, the support that my mentors had to offer definitely did wonders to a kid like myself.

The first Toastmasters meet for the semester, meant electing a set of office bearers. I sat in a state of perplexity, wondering if I should stand for the post of Vice President of Education (VPE). Little did I know that the thirty seconds of courage I showed eighteen months ago would lead me to where I am today. Had I known, I would be elected as the VPE in my first semester and the President in my second semester, I wouldn’t have contemplated so much.

Towards the end of the second semester, I made up my mind and enrolled for the mentor selection process. After a grueling couple of rounds I was chosen, alongside twenty-eight batch mates of mine. Being a mentor opened up a plethora of opportunities for me. It boosted my self-esteem and extinguished the self-doubt that had crept its way. With Courage and Confidence by my side, words like ‘Nervous’ and ‘Stage fear’, were now replaced with ‘Motivate’ and ‘Inspire’. Mentorship, provided me the chance to interact and get to know some lovely individuals; as a result broadening my narrow viewpoint.

If Mentoring is one side of the coin, then Evaluating is definitely the other side to it. Evaluating speeches at CMS has been intriguing, as every meet I’m left astonished by the sheer quality of the speeches I get to hear. With that it is evident that being a junior mentor, has given me the opportunity to learn from both my juniors as well as from my senior mentors. My journey as a mentor has been a marvelous experience and I’m sure it will only snowball. After all the most beautiful aspect of being a mentor is to be

able to motivate an individual and watch them grow and constantly improve. Thirty seconds of courage, kick started my journey as a mentor, so are you ready to take the first step?



Saket K Rao

CHOOSING A SPEECH TOPIC

After a Toastmasters meet, there's always one question I've been asked- "What topic do I choose for my next speech?"

Choosing a speech topic is sometimes like shooting in a random direction and hoping it hits your target. If you have the same approach, this article is just for you. There are three important criteria you have to meet to give a successful and interactive speech:

01. Choose a topic that you like:

This is perhaps the most important criterion. Remember that the Toastmasters speeches are yours. If you do not enjoy giving your speeches, then your entire purpose of giving speeches is naught.

When you choose a topic you like, you will automatically have an emotional connection with your speech that will

help you deliver a smashing speech. When you speak about something dear to you, you bring to your speech a sense of conviction.

02. Know your Audience:

Identifying the tastes and preferences of your audience must be the topmost priority. Aim to choose a topic that the audience can relate to so that they'll listen to your speech with rapt attention.

03. Keep the topic simple:

Choosing a topic that is simple makes it very easy for audience of any demographic to understand and relate to your content. The best speeches in the world are those that bring a captivating spin to the simplest topics.

Some extra tips to help you enhance your speech content:

1. Try adding humour:

Everyone likes to laugh. Adding humour in your speeches helps you to connect with your audience better and it gives a break from the monotony of your speech.

2. Try to inculcate anecdotes:

There's a saying, "There's a child in every one of us." Everyone likes to be told a story. Everyone likes to connect with their inner child and stories & anecdotes are the best way to help them do that.

3. Have a message to deliver:

Once, a friend of mine gave a speech on depression and how it's okay to talk about it to others. That day, he found a note from an unknown person in his bag thanking him for understanding and helping change that person's life. One of the best things you can do while giving your speech is to have a personal message that you'd like to share

with the world.

4. Enjoy giving your speech!

Toastmasters is a fun platform that's both entertaining and edifying at the same time. If you give your speeches as a chore, it'll affect your speech and the quality of your speech will plummet. Enjoy your speech and you will fare extremely well.



Rohan Ravindra

TOASTMASTERS- WHERE YOU OFFER UNCONDITIONALLY

The modern day person is a huge receiver, an individual's desires are ceaseless and one seems to want everything. Man's goal is to constantly keep achieving all that he wishes for.

But, somewhere amidst of all this accumulation of desires, whether physical or mental, we find that we are still unsatisfied. I tried to think of a reason for this, and I found that people have lost their ability to offer, not in terms of giving something but in the very way one lives- with a sense of offering. To justify my point, I would like to consider this example: A doctor offers himself to a patient not just with his professional skills but also with a conviction to dedicate himself to saving a life. And by this, countless patients have survived, more often with the immense support of the doctor, than the treatment itself.

And in my life, this feeling of selflessness came with being a mentor for Toastmasters by which I could express this sense of offering, the duty to



Pavan Kumar

put others before myself. And it has helped me grow into a better person.

Here is a glimpse of my experience as a mentor, one which most of my co-mentors can relate to on some level.

There came a mail, titled the icebreaker and that was the beginning of it. Reading through someone else's life and trying to understand the speaker and what he has to say was a huge learning in itself. In order to mentor speeches without judging a person, one needs to have a sense of empathy. With every speech that I mentored, I was given an opportunity to look into the lives of several people and to understand their stories and process has given me the ability to put myself in their place and empathize with them.

Everyone has a story but not everyone has the voice or courage in portraying it. This is where my role as a mentor was like that of a propeller. I came across beautiful people, with a will to speak, but those that needed support. We always talk about being there for someone, and Toastmasters has helped me to be a guide and an anchor to many such strangers who have needed it and who have come out of their shell and flourished because of it.

Today, I feel that in this one year of mentoring people and knowing their stories, has somehow given me a different perspective to life. It has provided me with a comprehensive outlook towards people and the difficulties that they face.

And hence, Toastmasters has truly been the force behind me and several others like me to find each of our sense of offering.

MORE THAN JUST CONJECTURES



Shruthi Sriram

Speaking to people is different from speaking down to them.

It all makes perfect sense in the back of my head, the voices, the conjecture, commotion, my plethora of made up scenarios and to top it all off, the million things I want to stitch into all the people I meet. In the midst of all the banter, comes a point when you need to bell the cat, chase your fears away. I did, I decided to publicly voice myself out. Toastmasters International it was.

"A good speech should be like a woman's skirt; long enough to cover the subject and short enough to create interest."

-Winston A. Churchill.

It takes massive courage to put a voice to your thoughts, bouquets and brickbats must be dealt the same way. Ways to get there come in colours of variegated multitude, some with a cheer, some with music and some

who are just a pure delight!

Of all the concoctions, most were those of how to say what, when to say it and how it would sound. It's an amalgam of a structured thought process, the output in a tone and the content to drive out pallidness of a subject; this is my definition of a speech.

Spoken words, yet unspoken, a visible hand to the mass, comforting and necessary.

My journey in toastmasters is one, where I'm the person that, I once looked for, but never found. They say, the people who stand by others are the ones who had nobody in the first place. Communication is a give and take, listening and speaking comprise on its outlines, public speaking does just that.

It's all the barriers and insecurities that you laid out for yourself, that became limits; borders. If you don't cross the lines you drew in the first place and you're scared of change, you'll stay in the same room that you've built for yourself. Public speaking taught me that the fear of dormancy is greater than the fear of change. It then became a part of me that gave me my thunder. My poise today would be that of confidence, Oh boy! a woman is a storm with skin. Thank you Toastmasters International.

Through Toastmasters International, I put a face to my emotions and a voice to my thoughts.

DEMO SPEECHES

DONOT BE BLIND

This is how it was that day. Dark, dark everywhere. I had been to Vivek's place for a thousand times before but never felt this darkness. As soon as I entered, his father held me and began crying loud. I turned to see his mother and she was still in shock unable to understand what and how everything had happened. I then went further and hugged his two sisters who were choking in their own breath making it difficult for them to even utter a single word. Then I looked at him, that guy who was my only best friend, my partner in crime, my lifeline and my one and the only childhood friend sitting on the table in form of ashes. Yes, Vivek had left me, left us in fact. I had once promised someone that I would never cry and even after his death I kept my promise and instead I was angry, angry at every single person who killed my friend. Greetings madam/master toastmaster, my fellow toastmasters and everybody present here. According to the manual today I am here to persuade you but according to me I stand in front of you as a blind man to tell a story, to share my experience of the blind world.



Amogh George

Before I begin I want to tell you a thing or two about the bond that Vivek and I shared. He was my bench mate in the second grade and easily my only friend as I was bullied by everyone around me except for him. We never grew up together as I was changing schools faster than Bangalore's weather but somehow we managed to stay friends. After our 10th board exams his father decided to send him to a boarding PU college for +1 and +2. We both obviously didn't like this decision of his but we had to accept it as it was the parents decision. A year passed and because of life on fast tracks Vicky and I never met. We had our conversations only when he called from his hostel pay and use phone every Sunday and spoke to me for 5 minutes exactly. Time flew and our bond grew stronger. It was a Sunday again, the 7th October 2012 but he forgot to call me. I was concerned but I knew this was going to happen. I knew this long distance best friendship

of ours wouldn't last long. I forgot about that and became busy with my +2 studies. Four days later his sister calls me and asks me to come home, she was falling short on her breath and I didn't understand why. I went there only to find out that my best friend had met with a car accident on that very Sunday. He couldn't call me not because he forgot but because he was no more. This angered me out of my wits. I was angry upon that taxi driver who went into a coma after that accident. I was angry on that truck driver who in order to evade a ditch rammed into Vicky's transport, I was angry at that municipality officer who consumed the money that was granted for the betterment of roads. I blamed everybody for his death including his father, his college, his warden, every single person and this anger made me blind. Time passed and my pain reduced but I still was blind. It was my birthday few months later and finally I had turned 18. To hammer the sense of responsibility in me my mom asked me to go and donate blood for the first time. I laughed at her, I said why do I need to donate blood? There are so many people out there and plus what use is it of? My mom smiled at me and said "You'll know." Time flew again and faster this time but I continued to stay blind. It was 7th October again but this time it was 2013. His father hosted a dinner get together in the memory of Vicky, I went there as a friend missing my engineering classes and somewhere in the middle of his speech he broke down began crying and said "Every night I just wish Vivek had gotten blood on time." I looked at him with misty blurred horrified eyes and yes that night I cried, that night I regained my metaphorical sight. That night I realized that not the driver, not the contractor, not the warden and certainly not his father killed him. It was me and people like me who hesitated to donate blood killed him. Accidents are meant to happen not even God can prevent them but it is in our hands, it is in our blood to save those who need to be saved. From that moment on I have donated my blood for 7 times now and I assure you I'll do it till the end of my life. I lost Vicky because someone out there laughed at his mother just like I did, I lost him because someone out there forgot what worth his blood was. My intention of this speech is not to persuade you to go and donate no sir it's not. I just want to urge you to not to become a reason for the loss of someone else's life. It's fine if you donot become the reason for someone else's life but I plead you to not to become the reason for someone's death. Stop being blind, donate blood and become the light in someone's life.

ADOPT A STRAY

When I was a kid, I was a certified loner, although I'm not saying anything has changed now. I was terrible at making friends, I was an only child and so I had no siblings to play with, and I never mingled in social gatherings. So how did I not turn out to be a complete psychopath? It's only because of my three beautiful dogs. Luckily for me, my family is all about the pet life and so I've been that kid that's grown up with dogs around me and I can tell you with full conviction that I would choose dogs over people any day. The bond you form with your dogs, or with your pet for that matter, is unexplainable. It is a silent promise which says "I will protect you and that I will cherish you for however long this journey will last."

But I understand that not all of you would feel the same way that I do. There could be several reasons why you haven't chosen to get a dog. But I would like to put forth a few scenarios to prove to you why you need a dog and more than anything why they need you.

Picture this, a tiny little creature in a small, dingy cage. He's terrified of being there, he's tired and he's lonely. But he hasn't lost hope. Because he's seen his friends being taken home by humans and so he's patiently waiting for his turn. Sometimes he thinks, why haven't they chosen me? But then he thinks no, my turn will come. And the minute a human enters the shelter, he prepares himself to bark the loudest and wag his tail the hardest, hoping they would choose him. But only, they don't. That little creature, he isn't harmful. He's not going to hurt you. He's only desperately waiting for someone, anyone to just show him some love. He's waiting for you.

On March 15th, Ammu, a four year old stray dog saw her newborn babies die right in front of her very eyes in Bangalore. 8 of her puppies were mercilessly thrown against a boulder and killed by a woman to "teach the dog a lesson".

What was heard after that was a mother's wailing, a plea to bring back her children. Even after 5 days, Ammu still wandered around the site where her puppies were buried. She even dug their graves and nursed them hoping they were alive.

It is said that if one person in 50 were to give an Indian Dog a home, there would be no strays left in India.

But why am I asking you to adopt strays only? Indian dogs are extremely intelligent and loyal. They are also very energetic. Local breeds are

evolved to best suit India's climate and conditions, and you will save a tone on medical expenditure or specific lifestyle habits. These free roaming strays need a home. They are not filthy or diseases ridden like most of us tend to assume. Adopting an adult stray will even save you the trouble of training it. I request you that if there is even a sliver of thought in your mind to get a dog, don't hesitate and immediately adopt one. There are several shelters in Bangalore like CUPA, Animal Aid alliance, Blue Cross etc that you can adopt healthy, vaccinated strays from. And if for some reason you cannot adopt one, take care of a stray near your house, give it the food and shelter it needs. And if you are hesitant to do this as well, atleast sympathize with these creatures, don't treat them harshly. Don't hurt or abuse them. Give these lovely dogs a chance to prove to you that they are indeed a blessing to mankind.



Jyothi Kurpad

ACHIEVERS AT CMS



Sonu K
CC, CL, ACB, ALB



Ishaan Jain
CC, CL, ALB



Rohan Mathew
CC, CL



Saloni Kamble
CC, CL



Manasi Sharma
CC, CL



Mir Raza Mehdi
CC, CL



Sudarshan N
CC, CL



Shakshi Bothra
CL



A Saloni Munot
CC, CL



Nikhil K Jain
CC, CL



Sayan Ghosh
CL



Pratyusha Samineni
CL



Puneeth Surana
CL



Prem Kumar
CC



Rishab Kothari
CC



Pavan Kumar KR
CC, CL



Tanya Bagga
CC, CL



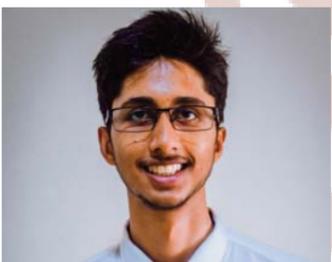
Pruthvi Doshi
CC, CL



Jayesh R Jain
CL



Rahul U
CC



Saket K Rao
CL



Raksha Jain
CC



Ashish Mainali
CC



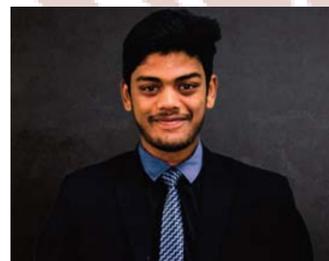
Mahima Jaganath
CL



K Laxmi Nayak
CL



Anamika Lohani
CL



Kaif UR Rahman
CC



Jyothi Kurpad
CL



Vaibhavi Nandagiri
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Mudit A
CC



Chiraag Shetty
CL



Anurupa Choudhury
CC



Yash R Hindocha
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Mohd Aatif
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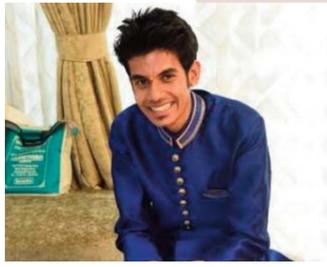


Yash Jain s/o Mukesh
CL

ACHIEVERS AT CMS



Amogh George
CC



Akshit Bhansali
CC



Haripriya B Deepak
CC



Bharath Kumar
CC

FROM THE AREA DIRECTORS

“ Toastmasters International in CMS, to me, has been a life altering experience. I have had the privilege of being mentored from the best and then being able to mentor a brilliant set of individuals. There have been so many incidents that have humbled me, reminded me to have an open mind and always encouraged me to be empathetic. I also happened to meet some incredible people that have gone on to become my extended family at college. As I look back at my journey at Toastmasters, I couldn't be more grateful to be a part of this activity.

PS: To an amazing team and the best co area director, thank you so much for this.

It has been an honour.”

- Saloni Kamble



“ Toastmasters International has been a major part of my 3 years here at CMS and it is perhaps the only club in this college where the learning curve is so quick that you see a huge difference in the abilities and the characters of individuals in their first year and when they graduate 3 years later. Toastmasters has been a life changing experience for me.”

- Rohan Mathew

PHOTO GALLERY



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