



WHERE LEADERS ARE MADE

# Newsletter

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## Note From The President



**Dr. Chenraj Roychand**  
President: Jain University

In an era of communication, the world is full of communication programs and replete with communication experts. What then is special about Toastmasters?

Toastmasters International is a program like none other. In a world fraught with the dangers of intolerance and autocracy, TM teaches its practitioners leadership skills and tolerance levels of tremendous proportions.

Its significance in an institution of the caliber of JU CMS, is immeasurable. We strive to build young entrepreneurs who will be articulate, empathetic and sentient. TM will, I'm sure, help in guiding our youngsters to be mentors, to stretch themselves to find new strengths and most of all,

develop and articulate perspectives that stretch minds and stimulate the heart. In short Toastmasters will contribute substantially in shaping your leaders of tomorrow.

Above all, with no examinations to worry them, TM will set them on the road to true leadership where each person competes with only himself or herself and learns the power of effective networking and understands how to lead with the heart while reasoning with the mind. I wish TM at JU CMS the very best in all its endeavors through this year!

## From The Directors Desk

Today, communication is the key word and it needs to be valued above ALL.

The majority of the people have misunderstood the concept of Communication. They are always connected to their gadgets. If they can unplug their gadgets & plug back into the face-to-face communication, it will bring a lot of positive changes. Communication facilitates

human connections and allows us to learn, grow and progress in life effectively.

As it is rightly said, best communication is the language of effective leadership. At JU- CMS, the Toastmasters moments help us in achieving the same. I wish the entire team best of luck & advise them to make Toastmasters contagious.



**Dr. Dinesh Nilkant**  
Director: JU-CMS

## Keeping My Neighbours Confused



**Jai Shankar**  
Division Director

Things were all going well, and that is when I wanted to change my status quo (I know, not my best decision). I am a firm believer in the Math problem psychology – If it is easy, then I am doing it wrong. So, to right the wrongs, I wanted to find my calling. I started trying

different things – like learning Mandarin. Why Mandarin? Well, I figured that if I can communicate with the Chinese – 1.41 Billion people, and I can communicate with Indians – 1.34 Billion people; while the population of the world is 7.6 Billion, I will be able to communicate with around 36% of the world. Adding English which has approximately 0.5 Billion native speakers from 22 countries means I can just about survive mostly anywhere (with near accuracy, 469 million native English speakers – yes, I added the individual populations of these countries after googling each and everyone of them).

After a lot of convincing, a language institute finally decided to enroll me if they would find at least five more people interested in learning Mandarin. After two months, they finally did; and the classes commenced. The sessions began at 8 am on weekends.

So, here I was, leaving for office at 9.30 am during weekdays, but on the weekends I would be gone by 7.30 am. Every time I stepped out, I would get these confused glances from my neighbours. I didn't pay much heed to them, and went about minding my business. After the Mandarin classes adjourned, I immersed myself in the world of Toastmasters, and my mentor was "old school". This meant that I had to wear formals whenever I was scheduled to go up on stage. There was no convincing her otherwise. This inevitably led to the purchase of more formal clothes. I began to wear them to my office and get several confused glances from all around. A few colleagues would walk up to me and say "Nice to see you finally coming to work in formals" – of course they were being sarcastic. I eventually started attending more and more Toastmasters meetings – which sometimes started as ear

ly as 9 am on weekend mornings, and in places where I would have to commute for an hour. Now, my neighbours were seeing things in contrast – they saw a person who leaves home at 9:30 in the morning wearing casuals, and then they saw that the same person is in crisp formals, sometimes leaving as early as 7:30 in the morning in his crisp blazer.

One day, finally, one of my neighbours came and asked me, Neighbour: Do you have office only on weekends?

Me: What?! No, why?

Neighbour: Because I see you in formals, mostly only during weekends.

Me: \*facepalm moment\* No, I go out for social gatherings.

Post this encounter, thanks to my needlessly nosy neighbour and to Toastmasters, I finally found my purpose in life – my calling.

# TOASTMASTERS INTERNATIONAL

## Using The Toastmasters Platform To Get Maximum Benefit



**Nawab Khawar**  
Division A Director

A lot of times, in retrospect, I compare myself – before and after Toastmasters, and it's really contrasting. A graduate who was working in a 10 to 6 IT job, raw, immature, and someone without a network (I used to think that the startup that I worked for was my world). It would be a lie if I said that I was very shy to go and speak in the public; but yes, I was very confined.

Post Toastmasters, I can say that it has been an Odyssey. Today, I think my communications are a bit more polished, and in terms of leadership I know what conversations are productive; and what should be done.

I now have a network which spans to hundreds of companies. I personally know people who are the change makers in a lot of big firms, and this has happened just because of Toastmasters.

The question is, how we can use Toastmasters to become better at everything we do? A past President at Toastmasters International once said – "If you get out of Toastmasters all there is to get out of Toastmasters, you'll never get out of Toastmasters"

1. Going outside your club – Be it taking roles, giving speeches, giving

evaluations – don't confine yourself to the boundaries of your club. In Bangalore itself, we have more than a hundred and fifty clubs, and each club is doing one or the other thing better than anyone else. It is about educating ourselves by these learnings at our disposal, and bringing the best practices back to our club. Some years back, when I started my journey, I made it a point to go to at least one more club per week, apart from my home club. I was mentoring people, and taking up roles in many clubs in and around Bangalore.

2. Say yes to the volunteering opportunities you get – Whenever you get a chance to volunteer, never say no. Try to inculcate the attitude where you are the go-to person whenever it comes to organising something; be it a special Toastmasters meeting, or a District conference, say yes and get on to the boat. Even if it requires sacrificing some things, believe me, it's worth it. My vol

unteering journey started with organising a Toastmasters Leadership Institute for the District some years back. I was merely two months old in Toastmasters and the Head Organizer. How? One of my leaders, Rajkumar Bansal, saw the spark within me, and asked me to volunteer; and I just said yes. Post that, today, I have been one of the Chairpersons for various Division conferences, and various District conferences. I see an awesome culture of volunteering and learning at Center for Management Studies (every year we host the Toastmasters Leadership Institute Training here), and believe me you are in one of the best temples of education and culture. I have seen so many batches graduate and come out with flying colors – who are doing amazingly well in the outside world. Remember, see the larger picture, say yes to things, learn from the cultures outside your club as well, and I am sure you all will set new benchmarks for the batches to follow.

## Beyond Conjectures



**Shruthi Sriram**  
Director, Area A4

Speaking to people is vastly different from speaking down to them.

It all makes perfect sense in the back of my head - the voices, the conjecture, the commotion, my plethora of made up scenarios; and, to top it all off, the million things that I want to stitch into all of the people I meet. In the midst of all the banter comes a point when you need to bell the cat, and chase your fears away. I did. I decided to publicly voice myself out. Toastmasters International it was. "A good speech should be like a woman's skirt; long enough to cover the subject and short enough to create interest." -Winston A. Churchill.

It takes massive courage to put a voice to your thoughts. Bouquets and brickbats must be dealt the same way. Ways to get there come in colours of variegated multitude; some with a cheer, some with music, and some which are just a pure delight!

Of all of the concoctions, most were those of - how to say what, when to say it and how it would sound. It is all an amalgam of a structured thought process, the output in tone, and the content to drive out the pallidness of a subject;

this is my definition of a speech.

Words are spoken, and some remain unspoken, like a visible hand to the mass - comforting and necessary. My journey in Toastmasters is one where I have become the very person I once looked to be, but had never found before. They say that the people who stand by others are the ones who had nobody in the first place. Communication is a give and take. Listening and speaking comprise the very outlines of this concept, and public speaking does just that.

## To All Stories That Were Written, But Never Read



**Rohan Ravindra**  
Director, Area B4

A group of friends were volunteering at an old-age home and asked me to join them. I hesitated. I'm not the type of person who would go out of their way to meet old people. I had enough of them in my life. After a lot of coaxing, however, I decided to join them.

The old-age house was in a secluded part of the town. The building itself was not that impressive - it was an old dilapidated building, almost in ruins. I entered through an old mahogany

door and was instantly hit with the sickeningly sweet smell of antiseptic. I immediately regretted my decision to come. After an hour of giving away the sweaters, shoes, cards and caps that we had collected, we conducted one-on-one sessions with each one of the oldies.

I was instantly drawn to this magnetic old woman, whose eyes betrayed a sense of composure and wisdom. I spoke to her for a long time and she told me about her life. She had been amongst a group of young women who came together in her village and fought male chauvinism. She spoke with a sense of great pride and accomplishment. It was evident. She was content with the way she lived life.

I asked her what motivated her to be such a figure of change in her village, and she said something that I remember to this day. She said, "I think it is our duty as humans to leave Earth better than we found it. You were born with an amount of inheritance from your ancestors that has made you who you are now. It is up to you to leave

behind something of value to your successors; so that they remember you in their prosperity."

Ladies and Gentlemen, what will you leave behind when you leave Earth? The most influential people - the ones who leave behind remarkable legacies, will live on in the hearts and minds of the people they touch. Whenever a well-known figure dies - like Stephen Hawking, did a couple of months ago - we, out here in the land of non-celebrities, speak so much about the legacy of that person. We honour them by our attention to, and appreciation of, what they were. Their story. Their legacy.

Yet, oddly, we seem only to equate the notion of lasting legacies to those who are popular. We don't speak about the legacies of the individuals we see every day. Who would like to think about the legacy of an old auto-driver, right?

Wrong. This is the folly we all commit. Just like that charming old lady, we all have fascinating stories. We are all the captains of our own ships, the rulers of

our own kingdoms.

We create stories with, and without our knowledge. Our words and our deeds, all pieced together, will all form the history that we leave behind. They are memories which we absentmindedly create; for, and with whomever we meet.

All of us reading this newsletter will want our lives to mean something. We want our lives to have helped someone, impacted someone and meant something to someone. We all may have the fear of being lost in the pages of history, and not meaning anything to this world.

We have often been told, that in the last moments of our lives, our entire life flashes before our eyes. That is the moment where we either are content, or full of regret with the way we lived our lives. So I ask you, ladies and gentlemen. What story will your name leave behind? What will be your legacy? The choice is yours. What will be your story?

# W.A.T.C.H



Mohammed Moin  
V Semester BBA

ly help you grow as a Toastmaster, as well as a holistic individual. This theory takes its manifestation in the shape of a formula called 'WATCH'.

W - W stands for your Words. The very words that you use while talking to an individual or to a crowd makes a magnanimous difference. So, whenever you're speaking on a public (or private) platform, take care and watch your words.

A - A stands for Action. The manner with which you help your mentees on their journey to becoming better speakers, and the poise with which you help manage your club upon various occasions decides the fate of the club. So make it absolutely sure that you

help others whenever you notice that they might need help, because they may not always reach out and ask for it.

T - T stands for Thought. Make sure you perceive every speech that you listen in the right manner, and understand the intentions and sentiments of the speaker, rather than absorbing a speaker's words through a filter of bias.

C - C stands for Character. Make sure that you learn from every small thing possible, and build yourself a good character from it all. Imbibing a righteous and virtuous character is an integral force that will keep you together as a person. You can never be a good leader without a character that is nothing but benevolent.

H - H stands for Honesty. Make sure you're honest in everything that you do. We all know by this point that 'Honesty is the best policy'. Verity is an asset which must \*never\* be compromised. In light of the elucidation on the 'WATCH' strategy.

I encourage each one of the readers of this newsletter to never hesitate to reach for the sky, and even touch the stars.

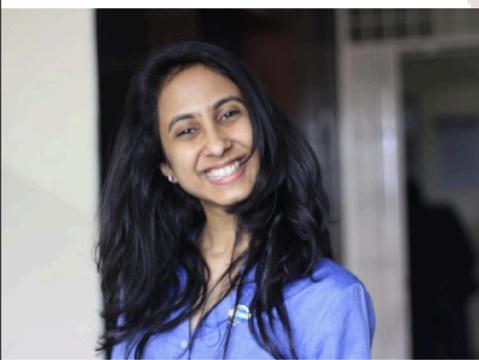
However, having said that, keeping your feet well rooted to the ground is the key to successfully maintaining your footing while balancing on the thin line between success and avarice.

A public speaker is like wine. The older he becomes, the better he gets. Toastmasters is all about becoming better as a public speaker as well as a person. I would like to take this piece's direction toward sharing a theory which should hopeful

*"SPEAK in such a way that others love to listen to you,  
LISTEN in such a way that others love to speak to you."*

TOASTMASTERS  
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## Making a Difference



Tanya Bagga  
Alumni

speaker, to a mentor, to an evaluator and, finally, as a contestant, has been nothing short of having been bursting with life changing lessons, personality improving sessions; and, most importantly, of those values that will always remain imbibed within me. I learnt the art of being an effective speaker, and how that I could often influence and create an impact in the lives of people around me through every new speech that I delivered. This cycle of giving my speeches kept me evolving into a better version of myself. It was through the mentor-

ing programme that I was exposed to the life stories of so many diverse individuals, and help them express their ideas in the best possible manner. Evaluation taught me how simple motivation tips and words

of kindness could help the speaker be the very best version of themselves with every progressive speech.

My most valuable take-home values have been empathy and compassion, for they taught me how putting myself in the shoes of others would not just make me understand them better, but would also help me gain perspective in great depth and practice kindness.

From the most simple problems, to their more complex counterparts, there is only one solution; and that is communication. Effective communication is just hitting the right chord. But, it is so often that we fear to communicate, take up different roles or even unabashedly express ourselves.

Little do we realise, that one tiny effort in the right direction can open the door for endless opportunities for us. I've experienced the best of moments, learnt from past

mistakes, and have had enriching experiences in this journey of becoming an effective public speaker and as a mentor and evaluator. The ability to make a difference is something that I have strived to build, and Toastmasters has been the very platform for me to fulfil this dream. In the end, nothing makes one more happier than being appreciated for their efforts and, most importantly, to hear from people around of the difference that one has made in their lives. Toastmasters truly is the platform where leaders are made.

Greetings to all the readers. If I were to share the story of how my journey at Toastmasters was, I would simply define it as 'enriching'. It is often said that sometimes the journey is as important as the outcome; and my journey from a

# Stand Up Speak UP



**Sucheta Saraogi**  
Alumni

Public Speaking - a term we hear every now and then, from almost everyone around us. We have often heard people say that if you're a good speaker, then half your battle in life is already won. Why do people say this? Well, I found my answer in 2015 when I joined Toastmasters at Jain University - Center for Management Studies.

I remember being the first speaker in

the first meet to deliver my ice breaker. All eyes were on me, and, BOOM. I forgot half my speech. As I went on, I saw that everyone was listening, and that gave a little push to my brain to remember the parts of my speech that I had initially forgotten. By the end of my speech, when I finally became a little comfortable on stage, and my legs had stopped shivering, the red timer card went up; and I knew I had to end it. That is the day I knew I never wanted to stop. That was the day I realized that I love the feeling of people paying attention to what I speak, moreover I appreciate it. Being a Media student, it was even more important for me to be outspoken; and, honestly, Toastmasters provided me with that platform. The TTM sessions helped me build my impromptu speaking habits that, in turn, helped during my internship interviews and classroom discussions. As I continued my journey of giving speeches one after the other, I could notice the change in

me. Everytime I was put in the limelight to speak, I felt even more empowered. Having said that, I come back to my question of why do people say that public speaking is beneficial? A very cliché answer to that is the fact that it helps to build self confidence. If you can speak well, you can communicate your ideas well; and that will be perceived in the way that you want by the people. Public speaking is an art that makes you comfortable around people. If you're a speaker, it wouldn't take you two minutes to strike a conversation with someone in a room full of strangers. For people who are looking for jobs, and going for interviews, it is how well you present yourself that makes the impact. You may be highly skilled, but if you do not know how to portray that before people, it's no good.

It helps to increase your array of knowledge. When you prepare for a speech and research, you're getting to read and know a lot of things that you didn't

know about earlier. I reminisce about when I gave my last speech on Women Empowerment. I narrated the story of Oprah Winfrey. When I was doing my research, I was left spellbound after reading about her struggles, and how she reached where she is today. If you're a good orator, people automatically make a positive image of you, and that definitely helps in the long run. Some of the most important leaders of the world shook the world by just delivering highly passionate speeches. President Nixon's speech united a nation and put a man on the moon.

Martin Luther King gave his "I have a dream" speech which inspired a nation and broke down racial barriers. Without his leadership and his inspirational speech, it may have taken another ten years to bring equality to all races. The answers are all out there, it is up to you as an individual to decide if you want to STAND UP and SPEAK UP.



## GOOD AND BAD



**Asif Hassan**  
I Semester BBA

Aristotle believed that nothing is inherently bad or good, actions themselves cannot be called bad or good. Actions become bad, depending on the circumstances, conditions

and reason for it being performed. Aristotle believed that every person is a combination of vice (bad character traits) and virtue (good character traits). The Virtue Theory says that an action is good if it is performed by someone based on virtue, and bad if performed by someone based on vice. My English teacher posed a question in class that Aristotle had also apparently posed to his students at his time. The question was: "Is killing bad because God said so, or is killing so bad that God told us to not kill?" It was a very thought provoking question and it's deep on so many levels of our thought process and, at

the end of the class my teacher said something that didn't make a lot of sense when I heard it, but now makes a lot more sense. He said: "Some questions are supposed to remain complex, the moment you simplify it, that's when things go wrong."

At first, it seemed like a pretty simple line, but then over the hours that passed by after my classes, it felt like that line could work in a lot of cases in our lives, and otherwise when there are conflicts. Any situation where we can see conflicts right now, if you think about it, you'll realize that the

only reason the conflict came up in the first place is because there was an effort made to simplify an answer.

We simplify answers because most of us don't have the mental energy to think that hard, and that's what needs to be fixed, not the answers themselves.

My point is, things cannot be simply bad or good, it's a much more complicated question.

Everything is complicated, everything is complex, and complexity is okay. Complex is what we are and let's be true to our own selves.

## Mirror Mirror on the Wall, Who is The Leader of Them All?



Anokhi Bharadwaj  
III Semester BBA

When I was asked to write an article about leadership or public speaking, and I sat down in front of the blank white screen of my laptop, various thoughts and ideas crossed my mind - but the most essential thought of why I instantly agreed to write this article never struck me. I then realised the importance of a leader. That leader who convinced me

to do something which I never thought I would do. It seems like an easy task, but often people fail to see the bigger picture. I'm fortunate enough to be surrounded with people who realise the importance of leadership, and people who have helped me mirror a leader in myself. I've come across various definitions of leadership and who is a leader - conventionally a person who leads a team to a common goal. But, to me, leadership has never been about myself. It has always been the ability to keep others above myself. My father, who I believe is one of the most inspiring people in my life, once told me that superiority is not a quality that a leader possesses. It is the ability to understand and grow with others, it is the ability to accept that people can be better than you, it is the ability to strive for perfection, and it is the ability to become the best version of yourself.

In the eighteen years that I have spent on this ground, I have been constantly tested on various aspects of life, and I definitely consider myself to have grown into a leader. Since my childhood, I've always loved being on stage, and seeing an audience appreciate my journey, my art, and my effort. This passion led me to public speaking, which really helped me enhance my personality and become the person I am today.

I never had a strong command on the English language. My first public speaking experience was an elocution competition - to which I received my feedback of being one of the worst speakers the judge had ever come across. But the dedication to learn and improve myself was my driving force, and kept me perseverant. I am so fortunate that this college has provided me with a platform like Toastmasters

International, and it is an opportunity that I will be forever grateful for. From being the worst speaker as a child, to now being a Toastmasters mentor, my journey in these eighteen years has definitely been fruitful.

There have been a reasonable number of things that I have achieved in my life so far - materialistic and intellectual. But, according to me, the most valuable of them all has to be that moment when you speak to seventy odd students about this very journey, having all of these seventy odd students stand up and applaud you in genuine appreciation of your work and effort, and when all seventy odd students are inspired to do the same. That is what I believe a leader does. So, to whoever is reading this article, if I succeeded to inspire you to mirror a leader in yourself, that would be an addition to my trophy collection.



## Platform to evolve



Harshitha Jamadgani  
I Semester BAJ

Life is about evolution of oneself and the people around, Toastmasters is one such platform where everyone, be a public speaker

or not, allows one to evolve as a confident, bright and creative person.

With Toastmasters, the potential is unlimited. Leadership takes practice and in Toastmasters, members learn leadership skills by organizing and conducting meetings and completing projects.

Toastmasters is not only about public speaking, but it enhances and inculcates other skills like listening, planning, leadership, teamwork and giving everyone the opportunity to grow.

Just as Toastmasters members improve communication by speaking, they imbibe leadership skills by fulfilling a variety of tasks.

The process involves a step by step growth. Meetings are conducted wherein which Office Bearers are elected to lead each group smoothly during the sessions; and speakers present their speeches and each are assigned an evaluator, who points out speech strengths, and offers constructive suggestions for improvement. that we can use in our future speeches

Creativity also plays a very important role, every session has unique theme based decorations and the corresponding talents are showcased.

Toastmasters is not merely speaking in front of an audience, but it involves expressing one's inner thoughts and perspectives on a wider and more diverse platform. It is a way to explore oneself and discover what they really are and how the world truly functions.

Always step up and explore.

# Seek and Ye Shall Find



Raghav Mittal  
III Semester BBA

“The beauty of wisdom and experience is that you can share it with everyone-for free.” Yes, you guessed it-

this is a quote that I found within my own thoughts, and not somewhere on the Internet.

“The beauty” of the Toastmasters programme is that it gives you a chance to do exactly what I elucidated upon in my little quote.

Other than the most integral area that Toastmasters improve i.e. Public Speaking; it helps you in many others ways.

It helps you by being more confident, learning to express yourself, soft-social skills and on top of that, it makes you feel

so pleasant about yourself, and the others around you in a way that is absolutely irreplaceable.

Leadership - some are born with it, and others develop skills to manage every facet of this concept and excel at this.

It is one of the most crucial aspects of being a successful and responsible individual.

Going back through with what I mentioned in the introduction of this piece, I have always been an enthusiastic storyteller according to a few of my friends;

and, to be fair, I absolutely love that. This gives me a wealth of happiness, and also helps those listening in to comprehend this, and benefit from their newfound learning.

If one does not pass on their wisdom to more people, that piece of knowledge is as good as non-existent. There is no good that comes from possessing a thing of power if it cannot be shared.

I do hope that this finds you in good health and state of mind, and that you decide to enrich your life through Toastmasters, or any other appropriate means that you find appealing.

*“The secret to getting ahead is getting started.”*

## My Conquest



Niriksha Muralidhar  
III Semester BBA

Fear is often referred to as a situation or an experience which will cause a sensation of trepidation.

There are often two possibilities when it comes to fear - people either dodge their fears, or they will try to conquer them. Most of us might agree that the former is an easier option.

Even the strongest of people have some kind of fear, and I’ve always considered myself weak for an odd reason, because of which my fears were just upfront. I could neither run away from them, and nor could I conquer them.

One of my biggest fears was public speaking. For a really long time, I felt as if I was under no obligation to conquer it, because it wouldn’t affect my growth as an individual; but I was wrong. It did affect my growth in various ways - which included activities that I was really good at. My fear became a barrier and my realisation of it was when I decided to vanquish this fear for good.

It was around the same time that I was introduced to Toastmasters. There began my journey in this field, and there is absolutely nothing that I regret about it.

I am just grateful to be the person that I am today.

Having decided to overcome my fear, I had to take some action towards it, so I did. When I first stepped on the platform that was provided by Toastmasters, I had no idea how much it would contribute to my growth. Let me tell you, the contribution was tremendous.

Toastmasters was never a cake walk for me. I was filled with anxiety each time I went up on the stage. There were also a couple of hurdles, such as having one of my speeches being cancelled twice. I didn’t stop because I was determined to be successful with my endeavour.

After a speech being cancelled twice I had people coming up to me and telling me how they would have stopped delivering speeches the moment their

speech was cancelled. It was then that I realised one needs to be really dedicated and determined in the process of conquering a fear.

About a year ago, I didn’t even imagine that I would conquer this fear of mine; but today, I know for a fact that I will be able to stand in front of a crowd of strangers and say:

“I’ve finally conquered my fear of public speaking and I’m really proud of it.”

With determination, focus and dedication anyone can have the competence to conquer any fear of theirs, and this is something I can vouch for with personal experience.

All one has to do is to first acknowledge their fear, and then go ahead and conquer it.

# Everyone's a Leader



**Likith Kumar**  
III Semester BBA

The very definition of a leader is 'the person who leads or commands a group, organization or country'. Some individuals do possess qualities like patience, confidence and all of the other assumptions that we make when we think about leadership; but is that what leadership actually is? The beauty in any work of art is in its way of work, and not

the way it looks. A leader is the kid helping his mother at the kitchen. A leader is the person cooking food for their family.

A leader is the man opening the door, and letting someone else in first.

Over the years, we have forgotten the meaning of life by letting our fancy lifestyles overtake the same.

We see logic more than an imagination.

We seek justice instead of the truth.

A story which has inspired me to have a direction towards leadership goes like this - The military is the saddest and most inspiring force present.

I call it sad because they work hard, day in and day out, and go through rough training just to fight another human being who has lost their way in life. The reason

that I find it inspiring is that they are willing to give everything; their father, mother, wife, husband, kids, relatives, friends, entertainment, goals.. everything! Just to make sure that their people are safe.

There is this story of a soldier who was at war. He and five other soldiers stayed behind to hold the line of defence as the enemy had surrounded them from all the sides. They knew they were going to be killed if they didn't do anything. One of the soldiers was shot, and then the captain asked everyone to retreat, and go to their nearby hideout as he could not afford any more losses.

This one person saw the soldier on the ground and on the other side he saw his captain screaming, telling him to move. The sound of the bullets was incessantly whizzing past his ears, but, sud-

denly, he ran up to the person who got shot, held him in his arms and ran. The captain asked him to follow his orders and asked him why didn't he abide by them. Why did he break his duty? The soldier replied, saying that his duty was to help his people, and not to run away in the face of danger, and that his duty was to provide that second chance, no matter how small it may be; and to make sure that something out of nothing could be possible, because impossible is just a belief, and not necessarily a fact. He knew that if he did the right thing now, the right thing would come back.

The true meaning of a leader is a person who is willing to help anything that comes in their way - be it to fix the broken, or heal the hurt. A leader is a person who is willing to follow the right path, no matter how difficult it may be.



## Sunil Chettri, a paragon of inspiration through the years.



**Roshan Chetan**  
III Semester BBA

It was July 2013. Bengaluru Football Club had just been formed with a direct entry into what was then India's biggest football league

- I league. JSW steel - the owners of BFC came into India's footballing system with one mindset. To win. With this mindset, came the signing of one of the country's marquee players: Sunil Chettri. A signing that would go down in history to be one of those most dominant player-club partnerships India has ever seen. Of the initial signings made during the club's formation years, he is the only player to still remain in the squad to this day, setting an example to those around him. Seventy goals later, Sunil Chettri con-

tinues to give a 101% every time he steps onto the pitch. Today, he is our captain. He is the one who inspires the team, inspires the fans, and inspires the nation. When we're down, when we have no hope, and no energy, he has that one moment of brilliance on the pitch that makes the game come to life. The fans come to life. He is one of the first players to come up and be grateful to the fans for everything that they have done. Always with a wonderful and welcoming smile off the pitch but on the pitch, for those ninety minutes, nothing can stop his determination.

This takes place not just for our club, but also for our country. He is India's top scorer, and is only behind Messi and Ronaldo in terms of international goals. He recently posted a video on social media encouraging people to go watch the Indian team play, just to improve the crowd support and shed some light on the state of Indian football. Each goal, each pass, each run, each and every movement produces a moment of brilliance rarely seen in our nation. Sunil Chettri will forever be in our hearts. As the forever faithful West Block Blues call him; Captain. Leader. Legend.

## Be a voice, not an echo.



**Aravinth Mahesh**  
III Semester BBA

Flashback to the orientation days in CMS, when all of us were expecting back to back fun filled sessions. Well, they did happen. I spotted a group of people who were all suited up, and looked like professionals. Just out of curiosity, I got up from my chair, went out, and asked one of these suited professionals who they were. 'TOASTMASTERS' came a strong and bold reply from one

of these 'professionals'. I grew all excited, as I realised that this was the Toastmasters team orientation. Even though I had a fairly decent idea what Toastmasters was, I was not sure enough. The excitement within me gestated almost immediately. The people who came up on stage were so confident, fluent and they knew what they were doing. They owned the stage. Even the Table Topic speakers were impeccable. Just to give it a try, I volunteered as a Table Topic speaker. I went up on stage, and received a topic. I knew exactly what to say. I started off, but halted in just forty five seconds. The words simply refused to come out. My classmates laughed at me and teased me; but, on the other hand, the Toastmasters team appreciated me for giving it a try. But what was the problem? I was stammering. I just assumed that this will never stop, and I cannot overcome it. This was until I decided to take

the first big step, by giving my Icebreaker. After this, I knew that I was still stuttering, but this time, the words and sentences did come out, and I managed to convey precisely what I wanted to.

Surprisingly, the people who had laughed and made fun of me, were the same ones who clapped and motivated me; and this gave me confidence.

Right after my Icebreaker, I was given a lot of positive feedback. I was also told that I had a lot of potential, and could overcome my stammering.

Taking this on a serious note, I started speaking more often on the topics that I really wanted to elucidate upon for a while.

Right after every speech, I was evaluated and given feedbacks, these feedbacks helped me to work on my further speeches and helped me grow.

Honestly, I've personally witnessed a wealth of development and growth in me. It is a feeling that is very difficult to accurately articulate.

From STAMMERING, to FLUENT SPEAKING, and even to IMPROMPTU SPEAKING, I have come a long way.

All of this was possible only because of Toastmasters; and, mainly, my mentor. Without my mentor, this would not have been possible, and I would have remained the same.

It is said that the journey of a thousand miles starts with a single step. The first step which is taken to start this journey is an example of the faith that we reincarnate from within the journey that we are about to start. In this journey of mine, I have learned to embrace and overcome my stammer. This is my success story. What's yours?

*"All our dreams come true if we have the courage to pursue them"*  
- Walt Disney

## Turning a Test Into a Testimony



**Huzefa Hakim**  
III Semester BBA

"EVERY SPEECH HAS A STORY. EACH STORY CONNECTS HEARTS WHICH IGNITES IDEAS. IDEAS CREATE LEADERS" Mark Twain quotes "There are only two types of speakers in this world: 1. The nervous and 2. The liars". One of the greatest fears people find nearly impossible to overcome even

today is public speaking. Toastmaster International unites nervous minds and gives a platform to individuals to explore their inner self and communication skills. Often, when I visited a new place, and met new people, initiating conversations with them turned into a major hurdle for me. Being an introvert, I would stand still, observing the environment around and judging people based on their appearances. Eventually, at college, I was introduced to Toastmasters International; which opened up doors for me to pull up my socks and speak my heart out, with an entire stage under my control, and my limits clearly defined to me. Taking the first step towards discovering my communication power wasn't as difficult as it seemed. Once you get a head start in a particular race it becomes difficult to stop the concerned person. Similarly, after the first step, the only thing that kept me

moving was my inner desire to improve within the field of public speaking. While it is often debated upon whether leaders are born or made, I firmly believe that no matter which side has the dominating power, it is the personal objective of an individual that drives him to become a leader with the necessary growth at each and every step. Public speaking resources are the treasure box filled with professionalism, leadership abilities, personality development traits, and persuasive power. From writing a polished speech, to delivering it in the most professional manner, every Toastmaster is a tree which grows bigger and bigger every time the required skills are learnt and inculcated; not just in their personal lives but in their professional counterparts as well. The importance of giving even a small pause in a speech, and the different methods of creating and maintaining efficient eye contact with the audience may seem triv

ial to an outsider; but when such skills are mastered, even an introvert can turn into a competent public speaker. At Toastmasters International, every person has a vision to transform himself, or herself, into a dreamer. Dreams come true not just when a person sees them, or notes them down in a piece of paper.

They come true after days, or weeks, or months, or even years; when the same paper is burnt and a new reality rises from the remains like a phoenix from the ashes.

Public speaking is a fear one cannot get rid of or overcome completely. It is all about changing your attitude towards this "fear", and your individual perspective. There definitely would be a time when failure may overtake this growth; but when optimism is the key ingredient in the success dish, no such parasite of fear can survive for long.

# Bring Your Thoughts Into Action



Anikesh Jain  
III Semester BBA

“Dreams are not big or small; Dreams are dreams which everyone wants it to become true”. - A. Anikesh Jain

My Toastmasters journey began with an interview over a year ago. After a few questions, I was asked a question that led to the rejection of the role I was applying for. The question was, “What do you do in your leisure time?” My answer was that I take up any social issue, do some research and think about possible solutions. They then asked me

whether I put my ideas into practice and my answer was a “no”, after which one of the interviewers commented, “Ideas without action are of no use.” This statement struck me like a bullet, and left a permanent impression. A few weeks later, my journey at Center for Management Studies had begun, and I was introduced to Toastmasters. From the very first meet, I took up every opportunity that would help me put my ideas and words into action. Toastmasters means something different to all of us. For some, the goal might be to overcome anxiety, stage fear, or even developing some confidence. For me, Toastmasters is all about bringing a change. As mentioned earlier, I was looking for a platform where I could use my thoughts to create an impact on people’s lives.

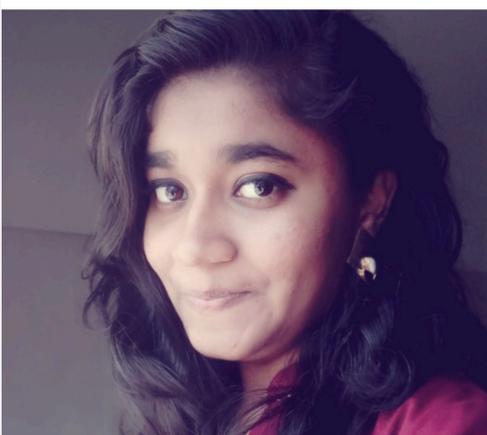
There’s a saying that goes “One change in a thought leads to a change in our destiny.” When I first took up the stage to deliver my Icebreaker, I felt a new kind of fear in

me. My palms were shivering, and I was forgetting bits of my speech. That’s when I realized that, for me, Toastmasters is a lot more than I thought. As months passed by, my confidence received a major boost, and my creativity was enhanced. Toastmasters was my platform to improve in the areas of personality development and stage presence, by merely completing a single task. The journey of seven speeches so far has been astounding, right from being a newbie to growing each day, I climbed mountains and each trek assuaged the fear in me. When the foundation is strong, we can reach any height. A special thanks to the three main pillars of my Toastmasters journey, who ensured that my fundamentals were strong enough. Toastmaster Rohan Ravindra, Toastmaster Anamika Lohani, and last, but not the least, Toastmaster Mohit Mandani. Each one of them taught me something new. Rohan ensured that I never deviated from my topic and pressed me on the importance of be

ing specific. Mohit always encouraged me whenever I came up with creative ways of giving my opening statements. Anamika is like that school teacher who never leaves the classroom without ensuring that every student has understood the topic. I still remember the time I was practicing my delivery for my Vocal Variety speech.

I had a hard time with incorporating the key criteria for this task. We sat together for almost three hours, and I nailed that speech. My gratitude to all the three knows no bounds. Lastly, I’m grateful to the backbone of CMS Toastmasters Clubs, Chaithra Ma’am. We owe her a lot more than she takes credit for.

Today if I’m sharing my success story, it is because of her tremendous efforts. “Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others.” - Jack Welch



Harshavi Jain  
I Semester BBA

Public speaking is a platform which enables an individual to express their ideas, thoughts, and opinions regarding their interest on a particular top

## Public Speaking

ic, by providing a precise discussion while approaching the aforementioned concept. Speaking is defined as a routine schedule of exchange of words between people - be them known or unknown, as anyone can speak.

I always wonder why individuals hesitate to open up, and voice their thoughts before people who they’re not familiar with.

I believe everyone is a speaker of one’s own interests, they just fail to recognise it. We need to develop confidence within our

in. Value the moment in which you recognise the qualities that best describe you, plan towards showcasing your talent to the world; and, above all, do not fool yourself by waiting for “the next” opportunity in the future. We don’t know what the future has in store for us. There is nobody who can forecast it. We have only our present in our hands, so utilize it, give it a try at the very least.

selves to overcome our fears. Before that, we must embrace it. The first thing to do is to learn about yourself, and then accept what you see with At this moment, you may be the

person hiding your face under the table, but if you decide to take a chance, you can turn out to even be amongst the best of Ted speakers, inspiring masses of individuals. Life is short. It includes infinite desires, millions of tight busy schedules, and hundreds of responsibilities; but I urge you to just spend ten minutes everyday to work upon your dreams.

I urge you not to waste your talents, head straight toward fulfilling your purpose, and be prepared to leap through all the hurdles that may come your way.

## Journey into Toastmasters



**Dhruv Prabhu**  
III Semester BBA

“And it all started with that one step of mine into CMS”

Being an extrovert is easy - hanging around with friends, being the most happening one among all is easy. Why? Simply because you know the nature and behaviour of everyone. The way they talk to you, or even if they like you or not. It is easy to be an extrovert. Being an extrovert, it wouldn't be hard to go and initiate a conversation with

a person who is not willing to start a conversation. It's a cake walk, isn't it?

I'm an extrovert too. I love talking to random people, initiating conversations, hanging around with strangers, and even going on trips with strangers. I just love it! CMS introduced me to something which is known as Toastmasters. Me, being a fresher, thought “yeah!” It's just speaking and stuff. This should be a cake walk for me. I didn't really take it seriously at first. And then came the day of Toastmasters where I, being an extrovert, took the initiative to introduce myself to the whole class. I walked up to the stage and, to be very honest, I was left speechless. I had nothing to say at first. I was completely blank. Surprising, right? I felt so uncomfortable standing out there, in front of everyone, with no words in me. There were approximately a hundred and twenty eyes staring right at me, expecting me to say something; but I legitimately struggled saying even my own name. When I walked down from

the stage, my classmates were surprised. They asked me if that's who I really am. I had no words, and that's when I realised that being an extrovert doesn't help you get through everything easily. That's when I realised that the confidence which I was running around with was of no use. It didn't work at all, where it meant the most to me. Well, that's when mentoring came into the picture. I wanted to give my ice-breaker in front of my whole class, and I wanted it to be the best. Stabilizing my confidence, I walked up to one of the mentors to get myself mentored, and improve and to get help to speak with confidence on the stage in front of everyone. That's where it all started. I was mentored for three days, and then came the day of the very first Toastmasters Meet. I was among the few that day who were going to deliver their ice-breakers. My mentor walked up to me and asked me if I was all set to hit the bull's eye. I just nodded my head, because I was still a little nervous. Well, it was finally my turn now, my name was called out and I was on the

stage in no time. I stood there, looked at everyone...scared, I was! I took a deep long breath and started. I looked at everyone with confidence, perfect eye contact, and incorporated body movements to add humour to it. I was so satisfied with my speech. I stepped down from the dias with a smile.

After a while, voting took place, and, guess what? This boy who struggled with introducing himself back then, had now won the “BEST SPEAKER”. It was after that when I started to believe in myself. In fact, after that day, I started to respect Toastmasters so much more, and gave in all my hard work and dedication towards it.

The confidence with which I now cast my words in front of everyone is all because of Toastmasters.

I would also like to offer a very big thanks to my mentors and the overall team in helping out each individual, and making a big difference to their lives.

*“WRITE to be understood SPEAK to be heard READ to grow”*

*-Lawrence Clark Powell*

## Follow your passion and success will follow you



**Prahalad B**  
I Semester BBA

As soon as we think about success, passion comes to our mind. This is because both go together. You cannot achieve success without having the passion for what you do.

So, my passion has always been to be on stage with a mike. As soon as we

think about public speaking the images of huge audience, stage fear, nervousness and confusion comes to our mind. But for me, right from my childhood days, it has been a passion to be on stage. I was in class four when I gave my first speech on the water cycle, and after that there was no looking back. I don't know whether it was hereditary or inborn, but I have always wanted to be on stage. Each and every academic year in school and college I have participated in various debates, seminars and speeches on various topics and won many awards and accolades. I was also known as the debate and seminar specialist in school. I have completed my six public speaking projects in my PU college on various fields like the icebreaker, getting structured, voice modulation, body language, research and presentation and speaking in front of different

audience, on various topics and got the best reviews from the judges. I was also recognized as one of the best speakers in the college. I was one of the ten members who completed all the six public speaking projects.

I never went on stage with an intention to win awards but to deliver my best, to mesmerize the audience. Public speaking gives us the platform to bring out our hidden talent, overcome fear and anxiety, to face huge audiences, to build our body language, and our overall personality. I have always used this platform to express my thoughts and feelings about the given topic, and convince the audience about the same. Here, I would like to refer to a famous quote, that is - “You can speak well if your tongue can deliver the message of your heart.” Public speaking, with it, brings out

the leadership qualities of a person. A good speaker will become a successful leader by making an impact on the people through his speaking skills. I feel that just by getting elected, a person cannot become a leader, he has to convince and win the confidence of the people. He should strive to give his best, in his own unique way, and always think out of box and no one can stop him. I feel that I possess good leadership qualities because I have successfully served as deputy captain for two years and many accolades. Here I would like to say that - “Leadership is all about action and not about position.” So, I feel that public speaking and leadership qualities will increase our communication and vocabulary skills, our social circle, and makes sure that we are better human beings.

## The unexpectedly rewarding journey.



**Pavan Kumar**  
Alumni

I have been asked to share my experience in Toastmasters. Ah, it's really hard to articulate, but I'll try and pour my heart out.

I first heard about Toastmasters from a friend who had just then completed his BBA in CMS. He told me that the platform was truly useful and all that. I was curious. I came to college, and the orientation about Toastmasters happened; it wasn't anything special for me, to be honest. We did

have fun playing a game as a part of what was called the TTM session.

However, the first meet happened - it was the day of the elections. Sitting in the last bench, I watched all the people speak, asking for votes. The President role was up for grabs, and I quite instinctively felt I should get up and go. I spoke for about thirty seconds, and there began a new phase. I got elected as the President. As the President of a club, it was a role that helped me involve intensely with people. Ensuring people gave their speeches, by continuously messaging and bothering everyone was too much fun - and pain too. I would say I knew all the fancy words - responsibility, inspiration, and all of that was important, but this I think was the first time that I could clearly experience the feeling of being responsible and also to inspire in the smallest way possible. Actually, I wasn't bearing any intention to inspire anyone, but the stage was so dear to me that I got absolutely immersed

when I spoke, so I humbly accepted the fact that many took inspiration from me.

The speeches happened really smoothly for me. I was just throbbing with ideas in my mind and every time I expressed myself, I found more clarity about myself. The Competent Communicator happened all too quick, and I was the first one to finish it in the first year itself. Again, I never chased it.

What remains the most significant aspect of Toastmasters and my life was the privilege of having been a mentor. Very few experiences have been as special in my life so far. Right from the mentor selections, the proud and arrogant boy that I was, was shown the reality of my own self. I do have to thank my mentors immensely, who have been constant supports, throughout my journey. It is a rare opportunity to witness many lives at once and in a way experience them as yours!

Truly, two years of mentoring taught me more than what I learnt in the nineteen years of my life prior to that

What I now realize, after three years of Toastmasters, is that life is never about yourself; and a human isn't just limited to surviving, but has the ability to touch another life deeply. In this process, there's no way you will miss a gold mine developing in your heart.

It has been a journey of a lot of fun, care, love, and discovery. The people in the team and I have been put through tough times. We have fought, we had our interests clashing but yes, that's how every dedicated group grows.

People around us always thought - what are these idiots up to? Writing speeches, asking people to get on stage, and all of that. I can't imagine what they have missed and what I was lucky to have.

Tears happened many times in the three years, but I distinctly remember the tears me and my team had on the last day as mentors. I wish you were with me that day, rather than reading this article - you would have known what a force Toastmasters is, and what it has made me today.



**Anirudh Murthy**  
III semester BAJ

It is said that the wolf at the top of the hill is never as hungry as the wolf climbing it.

Always be that wolf, not the one on top, rather the one that is climbing, because the wolf that is climbing the hill is always hungry, hungry to go further, hungry to rise higher, hungry to get to the top and hungry for the next feast, the feast of success. It's okay to be alone for a while. It will be hard but the hardest climbs lead to

## The Wolf

the best views and the toughest victories lead to the greatest satisfaction.

In fact, I believe that it is better to walk alone in the right direction than follow the pack in the wrong one.

Your journey alone will be difficult, but you need to embrace and enjoy it.

There is a saying in Hindi that goes "Safar khubsurat hai, manzil se bhi", which means that the journey is a lot more beautiful than the destination.

BE A WOLF, because no matter how powerful the lion is, a wolf doesn't perform at a circus. A wolf can not be tamed, neither can you.



# Speak Up!

start my journey of speaking up for the things that truly mattered.

I was in 7th grade, a geeky outcast, with no interest in performing arts; always stuck to academics until I was approached by my French teacher to take part in the annual literature society selection. Public speaking since then has become a way of life and one of my cardinal traits, it helped me understand the people and perceive the world around me with maturity.

Probably the most defining moment of any public speaker is how we get as

sociated with leadership and sensibility, and I struck that chord hard, and went to participate in multiple events and summits which allowed me to become self aware and learn more deeply about issues I am passionate about.

For me, these leadership positions have helped me make unconventional choices, and have reinforced my belief - that end results and performances are the only reality.

Public speaking allowed me to express my most difficult situations in front of strangers. It nurtured and bridged

several relationships. It inspires others to truly do whatever they want. It is only through public speaking that I got the courage to believe in my decision of quitting engineering and following my passion of communication in a career that demands it.

We all have challenges in life, it is up to us to use our communicative skills to overcome them. At the end, what you say, your opinions, and your actions are the ones that remain.

Never hesitate to just speak up!

**Harshitha Madhu**  
III Semester BBA

I vividly remember the day I was selected onto the literature and debate society of my school.

I suddenly felt like I was where I belonged, and I couldn't wait to

*“Learning to give a **speech** is important, but almost equally so is learning to **listen** critically, analytically, and then to give the speaker the **benefit.**”*

*- Ralph C. Smedley*



## My First Toastmasters Experience



at Toastmasters International at CMS.

Close your eyes and think of the first word that comes to mind when you hear 'public speaking'. If you feel terrified, nervous, uncomfortable, or your palms get sweaty, do not worry.

They are all accurate reactions. I started working on my Icebreaker from the first week itself.

There are a number of speeches and tasks to fulfil in order to receive a Toastmasters certification. The first one of them is an "icebreaker" speech. Usually it is preferred that one should talk about his life so far, about his or her aspirations; or even about a one-off incident.

Doing this serves two purposes: the speech is relatively easy to deliver (as it is about one's own life story), and it lets your fellow classmates know about you from the beginning of this shared journey. I chose to talk about my life so far and my experiences with my school, family and friends.

The experience of being on the stage and holding an audience is rather unique.

For students like me, who are not acquainted with the stage, it feels somewhat strange that your audience has all their ears for you within the duration of that speech. Fortunately, the environment of Toastmasters is very positive and conducive to bringing out the best

in us. We all take interest in what the speaker is saying, and we also make sure that he/she receives a positive and constructive evaluation after the speech. Speaking in front of a mirror several times and verbalizing the speech in front of friends helps a lot! It helped me pace my speech effectively. I also got tips on emphasising on certain points during my speech. I was lucky that I met the right mentors at the right moment. There's a saying "if you light a lamp for someone it will also brighten your own path" I was lucky to find my mentor Bhavika who helped me light my own lamp.

So, dear friends, expand your horizon! And stand up for yourself.

**Neha Esha**  
I Semester BBA

'Speakers who talk about what life has taught them never fail to keep the attention of their listeners.' ~ Dale Carnegie This quote perfectly embodies what I wanted to do in my very first speech

# Transition



Amatullah Vahanwala  
III Semester BBA

Change is the only constant. The degree of success depends on the subject's adaptability to change.

The transition to Pathways holds something new for us all to experience.

Whether one is a seasoned Toastmaster, or a newcomer; we're all on equal footing in the Pathways programme.

However, fresh starts aren't all beds of roses. The CMS Toastmasters fraternity has indeed come a long way, but we have miles more to go.

Fortunately, there has never been a team stronger than the one we see today - one that will pull off this transition to Pathways effortlessly. Actions speak louder than words.

Fortunately (or unfortunately) this channel of thought has ever resonated within me, and I've always bitten off more than I can chew while under the constant assumption than I'm not doing enough.

The end result of this mindset has turned into a wealth of accomplishment accompanied by a concurrent thirst for more.

I have hence learned that the best way to live out one's days is not by being optimistic, but by being an opportunist. "Carpe-diem" - seize the day, and seize every opportunity that life throws at you.

View conundrums as opportune, and then slay.

Having been a go-getter, I must also enunciate the importance of striking a balance - and being sure to stay on the thin line between practicality (logic) and kindness (emotion). After all, what defines a leader isn't just what they get done, but the way in which they get it done.

*"Never let the FEAR OF STRIKING OUT keep you from playing the game"*  
- Babe Ruth

## Leadership - The Journey Within



Soumya Jit  
V Semester BBA

I quote late Henry David Thoreau, "Most men lead lives of quiet desperation and go to the grave with the song still in them". Throughout history, much has been written about what it means to be a leader. Ancient Chinese military general and "Art of War" author Sun Tzu described a leader as one who "cultivates the

Nineteenth-century historian Thomas Carlyle believed leaders were born and not made, while English philosopher Herbert Spencer argued that leaders were the result of the society in which they lived. The decades that followed brought countless studies and research reports that detailed a wide variety of leadership skills, styles and characteristics, with researchers identifying distinct leaders' types. Some authors even devoted their work to all the personal factors that influence an individual's approach to management. With all of these differing schools of thought, it's clear that there's no single definition of leadership. What works for one leader may not necessarily work for another, depending on the circumstances and personality type. But there's one thing that nearly every academic, historian and even leaders themselves agree upon: A true leader must be able to inspire his or her team. For me, leadership holds a rather novel

meaning. Leadership is all about giving and serving. It is lonely at the top; but that's no excuse for not giving your time, your experience, and your encouragement to your team — and never expecting any of that in return. You are the person in the unique position of finding or uncovering strengths in people, leveraging them and celebrating them. If you're going to lead, and lead well, you have to put it all out there everyday, regardless of the outcome. Leaders who hold back will eventually hold their teams back. Many believe that you can be a leader only if you have a team to lead. I say no to that, a person can be a leader without a team. In fact, a person becomes a better leader when he works with himself, and understands and comprehends everything that he does. By doing these simple things a person can become a leader for sure. He can also become a better human being, self-aware and the best that he can be at that point of time.

The need of the hour right now is daring leadership. It is really rare to see such an approach in the industry these days; the reason mostly being the risk of failure, and no assurance of the person's future, with cut throat competition at every point of time. An ideal leader should enjoy competition, take necessary risks which will eventually benefit their experience and fill them with confidence for further experiences. Passion and perseverance are the two most important things in this phase where a lot of failures might come your way. Failure is not a bad thing, it is only a way to make things right the next time. Leadership is a beautiful experience. Live it, enjoy it and fulfill it. We talk about being the best that we can be; leadership is the only solution the society offers. We need good leaders, let us take a step forward today and become a better leader tomorrow but more importantly become a better human being.

# Toastmasters Mentors at CMS



**Mrs. Chaithra Shetty**  
Toastmasters Co-ordinator

The mentors are the backbone of Toastmasters Clubs at Jain University - CMS. The mentors are the ones who introduce

Toastmasters to the freshers and gradually encourage them to take up Toastmasters seriously. Guiding them through the process of public speaking towards a confident and articulate oratorship Mentoring is a great learning experience not only for the mentees but also the mentors alike. Mentoring is a two way process. Both the mentor and the mentee have a learning and developmental experience, where they grow together personally and develop a bond towards future realizations.

The mentors are most effective when

they have the patience to listen to the mentees, understand them and make them comfortable. A mentor is there only to guide the mentee. The ideas and the thoughts are of the mentees and the mentor only steers and gives the right direction.

The process of mentoring not only gives the mentor an insight into life but also develops patience, empathy and maturity in them. Mentoring as a process brings the mentor out of an assumed bubble into the world of acknowledgement and guidance. The very act of guid

ing a mentee in turn enables the mentor's growth beyond their capacity of articulate and knowledgeable towards guiding the tiny steps that the new mentees take. It would be impossible to think of Toastmasters without the able network of mentors who sustain the process and enable a more capable future. I express my heartfelt gratitude to all the mentors for the selfless dedication towards sustaining this process.

## EDITORIAL

“Do you ever think you could be a great writer...if only you had the time to write?”. During the course of working on this newsletter we witnessed many individuals have one of these moments, break out of their shells and come out as beautiful writers.

The CMS Toastmasters club is one of the youngest clubs in Bangalore nonetheless the most enthusiastic. Centre for Management Stud

ies has witnessed young minds grow and develop their communication skills and proudly holds its head up for producing graduates who can compete in this corporate world in the most impactful manner.

This Newsletter is a combined effort of all the upcoming as well as the successful Toastmasters of CMS. The newsletter takes you on a roller coaster ride, of the ups and downs faced by our alumni

and also the views of the budding toastmasters. The general theme of the same is Leadership, Public Speaking, Character building and Motivation.

Alex Haley once said, “Find the good and praise it”. In this issue of the newsletter we have tried to do just that. Looking back at all these articles, understanding their perspective, learning their journey of overcoming their fears, it makes up nothing less than

proud and leaves us overwhelmed. The CMS TMI Newsletter committee would like to thank the co-ordinator Mrs. Chaithra Shetty, Area Directors Shruthi Sriram and Rohan Ravindra, the Mentor Council 2018-19 and all those who have contributed their insights towards this journey of Toastmasters.



# PHOTO GALLERY



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